

STEP-UP!

Skills to Empower People to Understand Parrots ("STEP-UP")



An intensive workshop designed to give people an abundance of information about parrot care, from behavior and health, to nutrition and enrichment. In addition to lectures, there will be hands-on training sessions, cooking classes, and time to discuss issues of specific importance to you. We will work with the current foster birds at the Phoenix Landing facility, so you can teach behavior, foraging and feeding new foods first hand. All of us can learn new things to improve our relationships with our parrots. Anyone with parakeets to macaws will benefit!

2010 SCHEDULE

Three (3) Friday through Sunday workshops this year:

April 16-18

August 20-22

November 12-14

Class size limited to 12 people In order to ensure that everyone has the opportunity for plenty of hands-on training.

For more information and to register, go to www.phoenixlanding.org

Cost: \$275 for three days. Includes lunch. Hotel and airfare are separate.

Local transportation from the hotel to the Landing will be provided.

Sign up for an extra day of hands-on training (Monday April 19th, August 23rd, and November 15th respectively) for \$75 more.



LOCATION:

THE LANDING near Asheville, NC

A beautiful destination point in the Blue Ridge Mountains

**Intensive Parrot Care Workshops
Sponsored by Phoenix Landing**

How Do I Teach My Bird That?

Birds are extremely intelligent. In the wild they are supremely self sufficient. In our homes, they must rely on us to learn “good manners” and companionship skills. That means we must learn to be good teachers, a skill that does not always come naturally. At this train-the-trainer workshop, you will work with a wide variety of birds first hand, so you will be empowered to return home and train your bird.



We will help you to acquire the knowledge and skills to teach your bird:

- Husbandry behaviors (going into a carrier, taking medicine, taking a bath...);
- Trick behaviors to build a positive relationship and provide mental enrichment to your bird (wave, turn around, drop things in a bucket..); and
- Good behaviors that work for your family, and avoid the problems that can cause a bird to lose their home (biting, screaming....).

Health

Our birds have unique medical challenges, their bodies work differently from mammals in almost every way. In this workshop, we will feature a special guest veterinarian, and we will address a variety of topics such as:

- Anatomy
- Diseases
- General safety
- Emergencies
- Lost birds

Activities for Parrots: Your Job and Theirs

Birds are very busy in the wild. They work hard to find their food, and they have an active social life. Their environment is diverse and challenging, and they must avoid predators to stay safe. What does your bird do all day?

We will explore these topics in great detail:

- Foraging, enrichment activities and parrot recreation
- Essential exercise for a healthy body and life-span
- Social activities for a happy parrot

What should my parrot eat?

Learn which foods groups are especially nutritious for parrots. We will also talk about how to make food preparation easy, especially for busy households. You will teach the foster birds at the Landing how to eat new foods so you can go home and put this to practice with your bird!

Gardening for parrots? Yes! Parrots thrive on fresh foods, herbs and flowers. Learn how to make container gardens, which herbs are healthy, and how to sprout.

Good food is not just for the larger parrots. Smaller birds such as parakeets and cockatiels do especially well with fresh gardens and the right kind of “seeds” (sprouts, grains and legumes).

